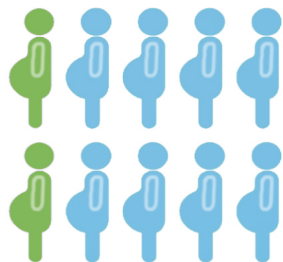
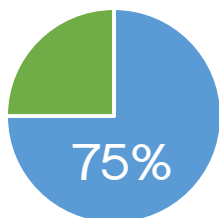


# Maternal Mental Health is a priority



2 in 10 women have a mental health problem during pregnancy and in the first year following the birth



Over 75% of women do not get diagnosed and do not receive adequate treatment and support.



Not having adequate treatment has important consequences for the mother, the baby, the family, and society in general

## Why do we need to declare a World Maternal Mental Health Day?



- To give more **visibility** to this problem
- To combat social **stigma**
- To improve **detection** (diagnosis) and **treatment**
- To earmark more **resources** to maternal and infant mental health

## Participate!

Join the campaign and spread the word!

#maternalMHmatters  
wmmhday.postpartum.net



Let's declare the first Wednesday of May each year to be **Maternal Mental Health Day**.

**Maternal Mental Health Matters.**